CAUTION: Adderall Abuse

Many of you cram for exams and you know how ineffective this can be, despite thinking it will help you on the exam. For some students, what can go hand in hand with cramming is the misuse of the drug Adderall or other medication used to treat Attention Deficit Disorder.

While this drug is very effective for students with ADHD in helping them focus, in a person with out it has a stimulating effect, as it is an amphetamine, meaning it “speeds up” the nervous system, allowing students to stay up all night and study.

The problem is that in the wrong person and with the wrong dosage this drug can be addictive and dangerous, causing many side effects the most serious being cardiovascular damage and death.

Please, DO NOT under any circumstances buy or take ADHD meds that are not prescribed to YOU. If you feel that you need help focussing, you should consult the health centre and you can speak to a doctor about this.

If you have been taking Adderall or any other prescription drug that is not yours, please know that the services at the health centre are completely confidential. We care and just want to help.

Here are some facts:

The title of this is a bit harsh but it is actually a good article and speaks to students if we can use it. It also has personal anecdotes, which is good.

Click here

And a news clip:

http://www.ctvnews.ca/health/health-headlines/canadian-students-abusing-adderall-to-get-edge-in-studying-1.1143205